

Who we are

By choosing to stay with us tonight you are already doing good.

We're a social impact business. We believe in human potential and put our profits where the people are and invest in our local communities. That includes, educating children around the world and retraining longterm unemployed locals from Newham, the borough of London you are in right now. We then give them jobs at our hotel or at partner hotels across London.

Food & drink

Breakfast

Mon-Sat | 7.00 – 10.30
Sun | 7.30 – 11.00

Restaurant

A la carte menu serving hearty meals and tasty snackable dishes
Mon - Sun | 12.00 - 22.00

Bar

All day | 23.00

Rooftop

** Closed for the winter*



Scan to view full calendar on your phone

What's going on?

AT GOOD HOTEL

I Am Bluesfolk Unplugged

Friday Nov 7 | 19:30-21:30, Globe Room | £5

Join us for live music, great vibes, refreshing drinks, and stunning waterfront views.

Spectrum of Stories by Margo Holder

Nov 12 - 16 | 10:00-16:00, Waterview Room | Free

Experience a vibrant mixed-media acrylic exhibition by Royal Docks community artist Margo Holder, on display at Good Hotel London. Selected works available for purchase.

More Info: margoholder.com

Salsa Social by Lynch International School of Dance

Friday 14 Nov | 19:00-21:00, Sky Blue Room

An energising salsa class for fitness, fun, and friendship, perfect for all levels—dance and make new connections.

To Book: yvonnelynch22@gmail.com

Good Comedy Night

Saturday Nov 15 | 19:30-21:30, Globe Room | Free

Back by popular demand! After two sold-out shows, we're bringing the laughs back to the Royal Docks. Join us for an evening of GOOD humour, local talent, and waterfront vibes.

More Info: [Eventbrite](https://www.eventbrite.com)

Rhythm Performing Arts

Saturdays | 11:00-12:30, Sky Blue Room | £8

Celebrating the richness of Indian dance traditions, these sessions bring the energy of Bollywood and the grace of Kathak together. Open to all ages and levels.

To Book: krrn003@yahoo.com

Act Up Drama Club

Wednesdays | 19:00-21:00, Sky Blue Room | £8.99

Play drama games, do theatre workshops and socialise with some lovely, like-minded people.

To Book: actupclub@gmail.com

Zumba Fitness & Bollywood Night by Swati Kaushal

Sun 18:30-19:30 | Mon 19:00-20:00 | £10 or 4 for £32

Join the ultimate dance fitness party that combines Latin and international music with dance moves.

To Book: [@zin_swati_kaushal](https://www.instagram.com/zin_swati_kaushal)

Mathodologies

Thurs & Fri 17:00-18:00 | Sun 11:00-13:00 | £15 or 4 for £50

Empower your child with mathematical potential with tips, tricks, and speed-maths sessions in a guided setting.

To Book: mathodologiesbynisha@gmail.com

AROUND LONDON

Open Water Swimming

Just outside the hotel you can indulge in fresh water swims in the waters of the Royal Victoria Dock.

More info: www.loveopenwater.co.uk

Wakeup Docklands

London's only cable wakeboard park within the central transport network, offering a variety of water-based activities!

More info: www.wakeupdocklands.com

The Line

Explore art, nature and heritage for FREE on London's public art walk running between Queen Elizabeth Olympic Park and The O2.

More info: www.the-line.org

Victoria Dock Parkrun

Two minutes from the hotel at Victoria Dock you'll find a free, fun, and friendly 5k community event every Saturday.

Register: www.parkrun.org.uk/victoriadock

Sweheat Sauna

An authentic wood-fired sauna experience celebrating many cultural aspects of authentic sauna culture.

More info: www.sweheatsauna.co.uk

Elvis Evolution ExCel London

Immersive experience that celebrates the life and legacy of Elvis Presley through music, theatrics, and technology.

More info: www.elvisevolution.com