

Who we are

By choosing to stay with us tonight you are already doing good.

We're a social impact business. We believe in human potential and put our profits where the people are and invest in our local communities. That includes, educating children around the world and retraining longterm unemployed locals from Newham, the borough of London you are in right now. We then give them jobs at our hotel or at partner hotels across London.

Food & drink

Breakfast

Mon-Sat | 7.00 – 10.30
Sun | 7.30 – 11.00

Restaurant

A la carte menu serving hearty meals and tasty snackable dishes
Mon - Sun | 12.00 - 22.00

Bar

All day | 23.00

Rooftop

12:00 - 21:00
**subject to weather*

What's going on?

AT GOOD HOTEL

Salsa Social by Lynch International School of Dance

Friday July 11 | 19:00-21:00, Sky Blue Room
An energising salsa class for fitness, fun, and friendship! Perfect for all levels—dance and make new connections.
To Book: yvonnelynch22@gmail.com

Act Up Drama Club

Tuesday July 2 | 19:00-21:00, Blue Room | £8.99
Play drama games, do theatre workshops and socialise with some lovely, like-minded people.
To Book: actupclub@gmail.com

I Am Bluesfolk Unplugged night

Fridays July 4 & 18 | 19:30-21:30, Globe Room + Bookcase
Join us for live music, great vibes, refreshing drinks, and stunning waterfront views, held by I Am Bluesfolk.
To Book: Eventbrite

London Pride Celebration

Saturday July 5 | All Day The Living Room Restaurant + Rooftop
Come raise a glass to love, community, and equality with us by the docks and enjoy a Pride special cocktail.
To Book: events.london@goodhotel.co

Giving Girls Gifts - Changing Lives, One Period at a Time

Saturday July 12 | 9:45 - 12:00 | Early Bird Tickets £27
A Wind Collective led community initiative tackling period poverty through care, education, and sustainable solutions.
To Book: Eventbrite

Ice Cream Day Celebration

Sunday July 20 | All Day The Living Room Restaurant + Rooftop
Cool off by the docks this Ice Cream Day with a free scoop of ice cream on us, available all day while supplies last!
To Book: events.london@goodhotel.co

Certain Blacks presents Ensemble Festival 2025

Sat July 26 & Sun July 27 | All day, access for all
Now in its sixth year, this free outdoor festival brings two full days of circus, dance, theatre and street art from some of the UK's most exciting artists. All ages welcome.
To Book: www.certainblacks.com

Summer Yoga in the Open Air

Wednesdays | 10:00-11:00, The Rooftop | £8
Join us every Wednesday morning for rooftop yoga. A calm, open space to move, breathe, and begin your day well.
To Book: www.shakti-space.co.uk

Zumba Fitness by Swati Kaushal

Sundays | 18:30-19:30, Sky-Blue Room
Monday & Wednesdays | 19:00 - 20:00 | £10 or 4 for £36
Join the ultimate dance fitness party that combines Latin and international music with dance moves.
To Book: Call 07306 025904

Mathodologies

Thursdays & Fridays | 17:00-18:00, Pink Room | £15 or 4 for £50
Empower your child with mathematical potential with tips, tricks, and speed-maths sessions in a guided setting.
To Book: mathodologiesbynisha@gmail.com

AROUND LONDON

Sweheat Sauna

An authentic wood-fired sauna experience celebrating sweat bathing culture with a Finnish design stove and regular events. **More info:** www.sweheatsauna.co.uk

Elvis Evolution

01 July - 30 November 2025 | ExCel London
new immersive experience that celebrates the life and legacy of Elvis Presley through live music, theatrical storytelling, and cutting-edge technology.
More info: www.loveopenwater.co.uk

Wakeup Docklands

Unique to London, WakeUp Docklands is London's only cable wakeboard park within the central transport network, offering a variety of water-based activities in an inner city environment.
More info: https://wakeupdocklands.com

Open Water Swimming

Just outside the hotel you can indulge in fresh water swims in the waters of the Royal Victoria Dock.
More info: www.loveopenwater.co.uk